

DROP, COVER, & HOLD ON

WHY DROP, COVER, & HOLD ON?

Moving around puts you at risk

Greatest danger is from falling objects

Running out of the building can expose you to falling debris

The "Triangle of Life" advice should not be followed at the expense of "Drop, Cover, Hold On"



ADDITIONAL RESOURCES

www.fema.gov/hazard/earthquake

www.redcross.org

www.earthquakecountry.info

www.dropcoverhold.org

www.atcouncil.org: ATC-20 Resources

www.calema.ca.gov: Safety Assessment Program

Images by David B. Swanson,
Reid Middleton Inc.

Reid Middleton

www.reidmiddleton.com

The roof of this unreinforced masonry building collapsed during the 2010 Christchurch, New Zealand earthquake. If you look closely, you'll see that a kitchen table and chairs are supporting the collapsed roof, illustrating that the safest place to be during an earthquake is under a sturdy table or desk.